

## February 2024 Newsletter

We would like to extend a HUGE welcome to all our existing & new children and their families, & remind all families, if you have any questions, comments or concerns at any time, to please get in contact with us We are here to help and we value any questions you may have.

You can contact us at admin @ gdifdc.com.au or 4671 4500.

#### **WE GET IT**

It's the start or end of the day..
you just want to get to work or an appointment
or just go home and relax.....



But did you know that failing to sign a child in or out of care is against the National Law? Under The National Law, Early Childhood Services Must: Keep an attendance record that records the full name of children attending and the date and time each child arrives and departs. This record must be signed by the person who delivers or collects the child, or the nominated supervisor or educator. Make it a routine to sign out!

#### PARENT PORTAL

Every family in our service (who does not already have access) will receive an email asking them to join the Harmony Parent Portal in the next few days. Information in the parent portal will include account information, Parent Handbook, scheme policies and more.



## POLICY REVIEW

Our policies need to be reviewed annually. The Service will revise and if necessary, amend policies based on the needs of the Service, particularly if there is an incident, regulation change or feedback received.

All stakeholders at the service need to be notified at least 14 days before making any changes to a policy or procedure. This is a requirement of the National Regulations.

Information of the policies being updated will be mentioned in the Newsletters. When uploaded to the Parent Portal, you will receive an email directing you on how to access these policies & procedures under review.

This is your opportunity to read and provide feedback to the Service & ask questions. For example, there may be information missing from the policy or something that you may not understand - we value any feedback.

#### Policies to be reviewed

QA1 - Additional Needs Policy
QA1 - Educational Program Policy
QA1 - Celebrations Policy
QA1 - Multicultural Policy
QA1 - Physical Activity Policy
QA1 - Technology Policy

# My Body Safety Rules €

#### My body is my body and it belongs to me!

I can say, 'No!' if I don't want to kiss or hug someone.

I can give them a high five, shake their hand or blow them a kiss. I am the boss of my body and what I say goes!



#### I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me.

If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.

#### **Early Warning Signs**

If I feel frightened or unsafe I may sweat a lot, get a sick tummy, become shaky and my heart might beat really fast.

These feelings are called my Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straightaway.





#### **Private Parts**

My private parts are the parts of my body under my bathing suit. (My mouth is a private part too.) I always call my private parts by their correct names. No one can touch my private parts. No one can ask me to touch their private parts. And no one should show me pictures of private parts. If any of these things happen, I must tell a trusted adult on my Safety Network straightaway.

#### Secrets

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or unsafe. I must tell an adult on my Safety Network straightaway!











### EVERY TUESDAY-DURING THE SCHOOL TERM



COME AND JOIN LEAH & HER FRIENDS
28 GEORGE STREET- FAMILY DAY CARE OFFICE

9AM-11AM FOR MORE INFORMATION CONTACT THE OFFICE ON (07)46714500

#### Playing with cardboard boxes: why it's good for children

A big empty box is a great starting point for creative and imaginative play. Children can decide how to change the box into something they can use for pretend play, like a castle, shop, cave and so on. Then they can use their imagination and problem-solving skills to turn ideas into reality.

Cardboard boxes can also encourage physical play. Often the first thing children want to do with a cardboard box is to climb into it – and perhaps jump out to surprise you!

How to play with cardboard boxes

There are many ways to play with cardboard boxes, so let your child decide what they want to do and follow their lead. You could start by just talking about the box together. For example, ask, 'How big is it? Can you fit inside?' or 'What does it remind you of? A house? A car?' If your child needs suggestions to get started, you could try these ideas:

- Make a house. Cut open a window and a door and let your child add cushions and other 'furniture'. Your child could bring in some toys
  for a tea party.
- Make a plane or a car. Use paper plates for wheels and steering wheels. Cut off the box flaps and stick them back on as the wings and tail of a plane. Let your child draw or paste markings and racing stripes.
- Make a robot costume. Cut out a head hole and armholes and let your child decorate the box with foil or shiny paper.
- Make a puppet theatre. Cut a doorway and a window on opposite sides of the box. Hang a curtain over the window and let your child put on a show for the family from inside the box.
- Decorate the box. Cut holes for your child to stick colourful cellophane over. Let your child draw or paint on it, and stick paper or scraps of fabric of different textures inside and outside for a sensory experience.
- Use the box to encourage active play. For example, turn it sideways to make a tunnel. Or your child could be a jack-in-the-box crouching low inside the box and then jumping up like they're on a spring.











Like our parent Facebook page Goondiwindi Familydaycare We use this as another way to keep you updated.